



# St. Clare's Preschool

3350 Hopyard Road  
Pleasanton, CA 94588  
(925) 462-0938  
director@stclairespreschool.org  
www.stclairespreschool.org

UPDATE: December 13, 2022

Under the current COVID-19 public health conditions, St. Clare's Preschool continues to exercise appropriate precautions to keep everyone as safe as possible. In alignment with the guidance of Alameda County Public Health Department (ACPHD), the California Department of Public Health (CDPH), the CDC, and the Episcopal Diocese of California, St. Clare's Preschool has updated our requirements for preschool attendance and our protocols for children who have been exposed to COVID-19, or who exhibit any symptoms of illness, at home or at school.

**These new protocols become effective December 13, 2022. Please sign and return this document to St. Clare's Preschool. You may return it to us in person or electronically.**

St. Clare's Christian Preschool is committed to providing a safe environment for our employees and the children in our care. Alameda County, the State of California, and the CDC continue to ***strongly recommend masks in childcare settings***, even though the requirement for masking is no longer in effect. Families must make individual decisions about whether their children should continue to mask, based on their family risk and comfort levels. We recognize the challenges posed when young children are asked to wear masks. We also recognize the extreme difficulty of asking young children to resume masking, if the requirement is reinstated by the preschool or by public health agencies in the future. Please indicate your mask preference for your child at the end of this document.

Please know that St. Clare's Preschool leadership & the Board of Trustees are continuing to work towards further modifying operations to meet the needs and interests of our families. As the COVID-19 health situation is constantly changing, these requirements may be changed by St. Clare's Preschool whenever necessary to ensure the safety of our children, staff, and families. Any changes will be communicated to families immediately and will require a signature acknowledging agreement to abide by new protocols.

St. Clare's Preschool ***strongly recommends*** that all adults and children continue to mask while on site at our preschool (indoors and outdoors), regardless of vaccination status.

- St. Clare's Preschool continues to require that all staff wear masks while working, regardless of vaccination status.
- St. Clare's Preschool strongly urges all children and adults to receive the COVID-19 vaccines and boosters as soon as they are eligible.
- St. Clare's Preschool will continue to escort children to and from their families at arrival and dismissal time at the preschool entrances, until it is safe to welcome all family members into the preschool building, regardless of vaccination status.

- If anyone has a temperature of 100.4°F/38°C or higher they must be excluded from the school, regardless of vaccination status.

**The adult who signs a child in at preschool certifies that the following information is true:**

- My child has not shown any new or unexplained symptoms of illness in the last 24 hours (fever or chills, sore throat, cough, new loss of taste or smell, headache, nausea or vomiting, diarrhea, shortness of breath, congestion or runny nose, fatigue, muscle or body aches).
- My child has not taken any fever-reducing medications in the prior 24 hours (ibuprofen, Advil, Motrin, Tylenol, acetaminophen, aspirin).
- My child has not been diagnosed or tested positive for COVID-19 in the last 5 days.
- Within the last 5 days, no one in my household has been diagnosed with COVID-19 or has been in isolation for suspected COVID-19.

**SYMPTOMS OF ILLNESS?**

If St. Clare’s Preschool contacts you to pick up your child from school due to illness, they must be picked up within one hour. It is the responsibility of all families at St. Clare’s Preschool to ensure that there is someone on your emergency list to pick up your child within one hour.

If your child has any of the above symptoms, the protocols below must be followed before they return to preschool:

- 1. EITHER: provide a note from your healthcare provider indicating *all* of the following,** regardless of vaccination status:
  - a. your child’s symptoms are not related to COVID-19 AND
  - b. your child’s symptoms are not contagious AND
  - c. the date your child may return to preschool
- 2. OR: Complete a COVID-19 test** (PCR or home antigen test), regardless of vaccination status. (If you do not have access to a home test kit, please contact the preschool office and we will provide one). The family should follow isolation instructions until COVID-19 is ruled out by a negative test result or by a healthcare provider, regardless of vaccination status.
  - a. If **COVID-19 test is *negative***, the child may return after *all* the following:
    - i. the preschool office has received an email with a photo of the negative test result, with indication of the *child’s name, date, and time the test was performed*.
    - ii. they have been fever-free for at least 24 hours without taking fever-reducing medication.
    - iii. their other symptoms are resolving.
  - b. If **COVID-19 test is *positive*** the child will need to isolate, regardless of vaccination status or lack of symptoms. They may return to preschool on DAY 6, if *all* the following criteria are met:
    - i. five days have passed since symptoms began. (The first day of symptoms is counted as DAY 0).
    - ii. receive a negative test result on DAY 5 or later (result must be shared with preschool, as above).

- iii. the child MUST continue to **reliably and consistently wear a well-fitting mask at preschool through day 10**. If the child is unable to mask appropriately through day 10, the child must isolate until they test negative.
  - iv. they have been fever-free for at least 24 hours without taking fever-reducing medication.
  - v. other symptoms are improving.
- c. If *no COVID-19 test* is performed *AND no medical evaluation* is received, the child will be *considered to have tested positive* for COVID-19, and the above criteria must be met before returning to preschool.

### **EXPOSURE TO COVID-19?**

If your child has a known exposure to someone who tested positive for COVID-19, *regardless of vaccine status*, your child may attend preschool if *all* the following criteria are met.

- a. The child has **no symptoms of illness**. (If symptoms of illness develop, follow instructions above).
- b. The child MUST continue to **reliably and consistently wear a well-fitting mask at preschool through day 10 regardless of vaccine status**. If the child is unable to mask appropriately through day 10, a full 10-day quarantine must be completed before returning to preschool.

\*NOTE: In alignment with the CDC, St. Clare’s Preschool also *strongly recommends* that individuals receive a negative COVID test result on DAY 5 or later. (If the test result is positive, follow the instructions above.)

Asymptomatic individuals with a **documented infection within the previous 30 days** do not need to be tested, regardless of vaccination status. Please follow the above guidelines for monitoring symptoms.

**Preschool staff will do our best to honor your wishes regarding masking for your child. Please let us know your preference below:**

\_\_\_\_\_ My child should wear a mask at preschool.

\_\_\_\_\_ My child does not need to wear a mask at preschool.

**I acknowledge that I have read and agree to abide by these protocols.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Child’s First and Last Name (please print):** \_\_\_\_\_