



## St. Clare's Preschool

3350 Hopyard Road  
Pleasanton, CA 94588  
(925) 462-0938  
director@stclairespreschool.org  
www.stclairespreschool.org

### COVID-19 Health Protocols - CHILDREN

UPDATE: June 15, 2023

The current Health Protocols for St. Clare's Preschool are in alignment with the following **COVID-19 Guidance for Child Care Providers and Programs** from the California Department of Public Health (CDPH), dated June 12, 2023:

*"COVID-19 is here to stay, and we have learned methods and obtained tools to decrease its impact on our health and well-being. Additionally, many strategies used to address COVID-19 can protect child care communities from other infectious diseases and support healthy environments, in alignment with recommendations from the Centers for Disease Control and Prevention (CDC). The guidance is based on the latest scientific evidence. It is subject to change, as COVID-19 conditions can shift rapidly."*

St. Clare's Christian Preschool is committed to providing a safe environment for our employees and the children in our care. We Recommend the following:

- COVID-19 vaccination is free for all and strongly recommended for all eligible people in California.
- Masks remain highly effective and inexpensive tools to protect oneself and mitigate transmission of COVID-19 and other respiratory pathogens.
- If anyone has a temperature of 100.4°F/38°C or higher they must be excluded from the school, regardless of vaccination status.

#### **The adult who signs a child in at preschool certifies that the following information is true:**

- My child has not shown any new or unexplained symptoms of illness in the last 24 hours (fever or chills, sore throat, cough, new loss of taste or smell, headache, nausea or vomiting, diarrhea, shortness of breath, congestion or runny nose, fatigue, muscle or body aches).
- My child has not taken any fever-reducing medications in the prior 24 hours (ibuprofen, Advil, Motrin, Tylenol, acetaminophen, aspirin).
- My child has not been diagnosed or tested positive for COVID-19 in the last 5 days.
- Within the last 5 days, no one in my household has been diagnosed with COVID-19 or has been in isolation for suspected COVID-19.

## **SYMPTOMS OF ILLNESS?**

If your child has any of the listed symptoms, the protocols below must be followed before they return to preschool:

1. **EITHER: provide a note from your healthcare provider indicating *all* of the following**, regardless of vaccination status:
  - a. your child's symptoms are not related to COVID-19 AND
  - b. your child's symptoms are not contagious AND
  - c. the date your child may return to preschool.
  
2. **OR: Complete a COVID-19 home antigen test**, regardless of vaccination status. The family should follow isolation instructions until COVID-19 is ruled out by a negative test result or by a healthcare provider, regardless of vaccination status. **Follow this link to learn how to obtain home test kits: <https://covid-19.acgov.org/testing.page?>**
  - a. If **COVID-19 test is *negative***, your child may return after *all* the following:
    - i. the preschool office has received an email with a photo of the negative test result, with indication of the ***child's name, date, and time the test was performed.***
    - ii. they have been fever-free for at least 24 hours without taking fever-reducing medication.
    - iii. their other symptoms are resolving.
  
  - b. If **COVID-19 test is *positive*** the child will need to isolate, regardless of vaccination status or lack of symptoms. They may return to preschool on DAY 6, if *all* the following criteria are met:
    - i. five days have passed since symptoms began. (The first day of symptoms is counted as DAY 0).
    - ii. They receive a negative test result on DAY 5 or later (result must be shared with preschool, as above).
    - iii. They **MUST** continue to reliably and consistently wear a well-fitting mask at preschool through day 10. If the child is unable to mask appropriately through day 10, the child must isolate until they test negative for COVID.
    - iv. They have been fever-free for at least 24 hours without taking fever-reducing medication.
    - v. other symptoms are improving.
  
  - c. If ***no COVID-19 test*** is performed ***AND no medical evaluation*** is received, the child will be ***considered to have tested positive*** for COVID-19, and the above criteria must be met before returning to preschool.
  
3. If St. Clare's contacts you to pick up your child from preschool due to illness, they must be picked up within one hour. It is the responsibility of all families at St. Clare's Preschool to ensure that there is someone on your emergency list to pick up your child within one hour.

## **EXPOSURE TO COVID-19?**

If your child has a known exposure to someone who tested positive for COVID-19, ***regardless of vaccine status***, they may return to preschool if *all* the following criteria are met.

- a. The child has **no symptoms of illness**. (If symptoms of illness develop, follow instructions above).
- b. The child **MUST** continue to wear a well-fitting mask at preschool through day 10 regardless of vaccine status. If the child is unable to mask appropriately through day 10, a full 10-day quarantine must be completed before returning to preschool.
- c. In alignment with the CDC, St. Clare's Preschool also ***strongly recommends*** that individuals receive a negative COVID test result on DAY 5 or later. (If the test result is positive, follow the instructions above.)

Asymptomatic individuals with a **documented infection within the previous 30 days** do not need to be tested, regardless of vaccination status. Please follow the above guidelines for monitoring symptoms.

**Preschool staff will do our best to honor your wishes for mask-wearing for your child. Please let us know your preference below:**

**My child should wear a mask at preschool.**

**My child does not need to wear a mask at preschool.**

As the COVID-19 health situation is constantly changing, these requirements may be changed by St. Clare's Preschool whenever necessary to ensure the safety of our children, staff, and families. Any changes will be communicated to families immediately and will require a signature acknowledging agreement to abide by new protocols.

**I acknowledge that I have read and agree to abide by these protocols.**

**Parent / Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Child's First and Last Name (please print):** \_\_\_\_\_